

Shri Vile Parle Kelavani Mandal's

MITHIBAI COLLEGE OF ARTS, CHAUHAN INSTITUTE OF SCIENCE & AMRUTBEN JIVANLAL COLLEGE OF COMMERCE AND ECONOMICS



(AUTONOMOUS - Affiliated to University of Mumbai)

NAAC Reaccredited 'A' Grade, CGPA:3.57 (February 2016 to December 2023)

Best College (2016–17), University of Mumbai

07.08.2024

NOTICE

SWAYAM MOOCs platform is designed to achieve the three cardinal principles of Education Policy viz., Access, Equity and Quality. Undergraduate Students (Sem-I) who are **interested** to complete a SWAYAM MOOC course are instructed to fill the below Microsoft form on or before 10th August, 2024.

Form URL:

https://forms.office.com/Pages/ResponsePage.aspx?id=SEPx0bXxCUqsmX6_ITy8gT_TC8ATm1BPqD_Bg89bi0NUNzZORjZKQzZSTks2UkdEWERXMUZLOEk0Ri4u

For obtaining the certificate, you have to complete the required assignment(s) and write the proctored exam conducted by SWAYAM in person at any of their designated exam centers. The exam has a fee of Rs. 1000/- (Rupees one thousand only), which is to be paid by the registered student.

Interested students can select any one of the course from the list below:

Sr.No	Name of Course	Course Layout
1	Intellectual Property Rights and Competition Law (Recommended for learners of Arts/Science/Commerce)	Week 1: Function of IPR. Public good, Incentive theory, different forms of IPR Week 2: Introduction to competition Law, Anti-competitive agreements, Abuse of dominance, Regulation of combinations Week 3: The relationship and Interaction between IPR and competition law Week 4: The economics of US Antitrust law, IP and competition issues, Technology transfer agreements Week 5: The EU experience with IP and Competition Law Week 6: Market allocation, Horizontal agreements, Vertical agreements, licensing issues Week 7: Indian Competition Act and IPR protection Week 8: Anticompetitive agreement and abuse of dominance in IPR protection, IPR issues in merger and acquisition; Harmonization of IP protection and competition Law in India
2	Introduction to Exercise Physiology & Sports Performance (Recommended for learners of Arts/ Commerce)	Week 1: A. Introduction to Exercise Physiology & response to exercise B. Skeletal Muscle Physiology Week 2: A. Bioenergetics B. Cardiorespiratory system and exercise Week 3: A. Respiratory system and exercise B. Neurophysiology and exercise Week 4: A. Endocrine response to exercise



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		B. Exercise in Children and Adolescents Week 5: A. Exercise Prescription and Training principles B. Adaptations to aerobic and anaerobic training Week 6: A. Environmental considerations in exercise B. Exercise at altitude Week 7: A. Hydration and Fluid Balance B. Body Composition and its applications Week 8: A. Performance testing and analysis B. Exercise in disease management and prevention		
3	The Science of Happiness and Wellbeing (Recommended for learners of Commerce/Science)	Week 1: Operationalizing happiness: Defining happiness Week 2: Understanding the construct of happiness: Week 3: Factors influencing happiness: Week 4: Unanswered questions: What makes us happy? Week 5: Train yourself in Happiness: Week 6: Happiness at work: Week 7: Becoming happier: Week 8: Creating happiness:		

Mr. Shaswat Shetty

In-charge, Department of Skills

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